







## "A WINNER NEVER STOPS TRYING"

**Date** : 17 August 2024

**Event** : **Side- Straddle Hop** (Jumping Jacks)

Nature : Individual

**Time** : 30 Seconds for performing the activity. (Excluding the introduction part.)

Judgement Criteria: Maximum Numbers of Correct Jumping Jacks in 30 Seconds

## **Rules & Regulations:**

- 1. Introduce yourself (Name, Class & School House)
- 2. Side-Straddle Hop (Jumping Jacks) should be correct.
- 3. Separate events will be held for Boys & Girls category.

Judge 1 : Ms. Vinita (7755911486) Judge 2 : Mr. Rahul (7498392061)

Note: \* Participation in Sports activity is compulsory. Non participant will be marked as absent.

\*For any further information please contact Mr. Navinder Lakhanpal (Physical Education Tr. BBPS

RGPPL). Mob. No. (what's app Number) 9420910620 and 9421140517