

BAL SABHA ACTIVITY (2023-24) Class PS

"ACHIEVE A GOAL"

Date: 25.08.2023Theme: (Achieve a goal) - Hit the TargetNature: IndividualJudgment Criteria: Maximum Numbers of Correct Hit within 5 Chances.

Rules & Regulations :

- 1. Introduce yourself (Name, Class & School House)
- 2. Wear house T-shirts and lower/legging / Shorts to perform activity (If available)
- 3. Distance between the target and throwing line will be 6 feet.
- 4. Target size must be 1liter water bottle.
- 5. Tennis ball must be used for throwing or hitting the Target.
- 6. Players can throw, roll or kick a ball to hit the Target.
- 7. 5 Chances / throws must be given to each participant to Hit the Target.
- 8. 3 extra chances will be given if score is tie.
- 9. Score- 1 point will be given for each correct Hit.
- 10.Separate events will be held for Boys & Girls category.

11.Please adhere to the rules & regulation.

Judge 1	:	Mr Jha -	94201 53578
Judge 2	:	Ms Prachi -	75075 03507

Note: * Participation in Sports activity is compulsory. Non participant will be marked as absent. *For any further information please contact Mr. Navinder Lakhanpal (Physical Education Tr. BBPS RGPPL). Mob. No. (what's app Number) 9420910620