



BAL SABHA ACTIVITY (2023-24) Class 7 & 8



"A WINNER NEVER STOPS TRYING"

Date : 26.10.2023

Theme : Overhead Volleyball Throw Competition.

Nature : Individual

Venue : RGPPL Ground

Judgment Criteria: : Maximum Distance the ball can cover without any

bounce from the starting line.

Judge 1 : Ms Malabika : 9699224546 Judge 2 : Mr Ashuosh: 9420153578

Rules & Regulations:

- 1. Introduce yourself (Name, Class & School House)
- 2. Wear house T-shirts and lower/legging / Shorts to perform the activity (If available)
- 3. Participant has to throw the Volleyballfrom the starting line.
- 4. Participants are not allowed to cross or touch the starting line while throwing.
- 5. 2 Chances / throws must be given to each participant.
- 6. Separate events will be held for Boys & Girls category.
- 7. Please adhere to the rules & regulations.

Note: * Participation in Sports activity is compulsory. Non participant will be marked as absent.

*For any further information please contact Mr. Navinder Lakhanpal (Physical Education Tr. BBPS RGPPL). Mob. No. (what's app Number) 9420910620 and 9421140517